



## Are you supporting a family member with an eating disorder?

If so, this course is for you

Bodywhys and Linn Dara CAMHS (HSE), Cherry Orchard Hospital, invite you to attend

## PiLaR: Peer Led Resilience 4-week programme: Dublin 2017

A 4-week programme for families and friends Commencing on Thursday, February 9<sup>th</sup> from 7:30pm - 9:30pm

Venue: Linn Dara Inpatient Unit, Cherry Orchard Campus, Ballyfermot, Dublin, D10 KO33

Places are limited. Attendance is FREE but booking is essential.

Contact **Harriet Parsons**, Services Manager, Bodywhys, PO Box 105, Blackrock, Co. Dublin. Call **01 283 4963** or email: helpline@bodywhys.ie