

## Waterford - May 2017

Are you supporting a family member  
with an eating disorder?

*If so, this free course is for you*

Bodywhys and Waterford/Wexford Mental Health Service  
invite you to attend

## PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

**When:** 4 Mondays in May (starting May 8<sup>th</sup>)

**Time:** 7:30 - 9:30pm

**Venue:** St John's College, Respond Building, The Folly, Waterford

Places are limited. Attendance is FREE but booking is essential.