

Are you supporting a family member with an eating disorder?

If so, this course is for you

Bodywhys and HSE Sligo/Leitrim Mental Health Services
invite you to attend

PiLaR : Peer Led Resilience Weekend Programme : Sligo 2017

A weekend programme for families and friends
on Saturday, March 4th and Sunday, March 5th. 10am - 4pm

Venue: Markievicz House, Barrack Street, Rathquarter, Sligo

Places are limited. Attendance is FREE but booking is essential.

Contact **Harriet Parsons**, Services Manager, Bodywhys, PO Box 105,
Blackrock, Co. Dublin. Call **01 283 4963** or email: helpline@bodywhys.ie