

## Athlone - October 2017

Are you supporting a family member  
with an eating disorder?

*If so, this free course is for you*

Bodywhys and the Athlone Community Services Council Ltd  
invite you to attend

## PiLaR : Peer Led Resilience 4-week programme :

Evening programme for families and friends.

**When:** 4 Thursdays in October (starting October 5<sup>th</sup>)

**Time:** 7 - 9pm

**Venue:** Shamrock Lodge Hotel, Clonown Road,  
Athlone, Co. Westmeath

Places are limited. Attendance is FREE but booking is essential.