

Bodywhys Child Safeguarding Statement

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	Statement
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About Bodywhys

Founded in 1995, Bodywhys – The Eating Disorders Association of Ireland - is the national voluntary organisation supporting people affected by eating disorders and their families. Bodywhys provides a range of non-judgemental listening, information and support services, as well as school talks, training, literature, podcasts and webinars. Other aspects of our work include developing professional resources and collaborating with social media companies to respond to harmful online content and working with the mainstream media to create awareness about eating disorders. Bodywhys develops evidence-based programmes to promote positive body image and social media literacy in children and adolescents and provide relevant supports and guidance for parents and education professionals. Bodywhys is the support partner to the HSE's National Clinical Programme for Eating Disorders (NCP-ED).

About this statement

The Board of Directors are responsible for ensuring that this statement is approved and adhered to.

This policy reflects the organisation's safeguarding statement and provides guidance and applies to Bodywhys staff and volunteers. This statement has been developed by with the aim of ensuring, as far as practicable, that children availing of the support services we provide are safe from 'harm' as defined in the Children First Act 2015. This policy is subject to review and will be amended and updated as required to take consideration of developments in policy legislation relating to child protection.

We commit to ensuring that when and where child protection issues become apparent that Bodywhys staff and volunteers will respond swiftly, professionally, and appropriately. We will ensure that all staff and volunteers are vetted and checked in accordance with the law, that our recruitment processes follow best practice, and that staff and volunteers receive clear child protection-related training and information.

Harriet Parsons, Training and Development Manager, is responsible for developing the organisation's guiding principles and child safeguarding procedures.

Guiding Principles to safeguard children from harm

- 1. Our priority is to ensure the welfare and safety of every child and young person who avail of our support services.
- 2. Our guiding principles and procedures to safeguard children and young people are underscored by national policy and legislation. We will review our guiding principles and child safeguarding mechanisms and processes every two years.
- 3. All children and young people have an equal right to access a service grounded in respect for them as individuals and which encourages them to reach their potential, regardless of their background.
- 4. We are committed to upholding the rights of every child and young person who accesses our services, including the rights to be listened to, heard and kept safe and protected from harm.
- 5. We are committed to ensuring that every child is protected from harm, irrespective of race, ethnicity, ability and sexual orientation.
- 6. Our guiding principles apply to everyone in our organisation.
- 7. All staff and volunteers must conduct themselves in a way that reflects the principles of our organisation.

Bodywhys will adopt safe care practices that minimise the possibility of harm, injury, abuse or neglect to a child accessing our services, and which encourages safe practice from staff.

Risk assessment

Our risk assessment considers any potential for harm to a child, while using our services, including the area of online safety. Below is a list of the areas of risk identified and the list of procedures to manage risks. All risks identified below are as defined in the Children First Act, 2015. Risk of harm, as defined in the Act, such as in relation to a child (a) assault, ill-treatment or neglect of the child in a manner that seriously impacts

or is likely to seriously affect a child's health, development or welfare, or (b) sexual abuse of a child.

	Risk identified	Procedures to manage risk
1	Risk of harm or abuse to a child or young person from a staff member or volunteer	Employee Handbook: People Policies Garda Vetting Policy Child Protection Policy and reporting process Complaints Policy Child protection training for staff and volunteers
2	Risk of harm or abuse to a child or young person as a result or staff or volunteers failing to respond to a child protection concern	Complaints Policy Child Protection Policy and reporting process Whistleblowing Policy Child protection training for staff and volunteers
3	Risk of harm or abuse to a child or young person at a Bodywhys school talk, event, conference, webinar or participation in the Youth Panel	Child protection training for staff and volunteers Child Protection Policy and reporting process Garda Vetting Policy Employee Handbook: People

		Policies
		Youth Development Policy
4	Risk of harm or abuse to a child or	Child Protection Policy and
	young person when collaborating on a	reporting process
	one-to-one basis with a staff member or volunteer	Complaints Policy
		Child protection training for staff and
		volunteers
5	Risk of harm or abuse to a child or	Child Protection Policy and
	young person by their peers whilst	reporting process
	engaging in activities organised by Bodywhys	Complaints Policy
		Child protection training for staff and
		volunteers
		Garda Vetting Policy
		Anti-bullying policy
		Code of behaviour for staff and volunteers
6	Risk of harm or abuse to a child or	Complaints Policy
	young person through inappropriate contact by a staff member or volunteer	Child Protection Policy and reporting process
		Child protection training for staff and
		volunteers
		Code of behaviour for staff and volunteers

		Garda Vetting Policy
young per	Risk of harm or abuse to a child or	Communications Policy
	young person through inappropriate misuse of social media and digital	Complaints Policy
	images and podcasts	Social Media Policy
		Podcast Policy
8	Risk of harm or abuse to a child or	Complaints Policy
young person through support service online support groups, virtual support group, helpline, email support and PiLaR programme	Child Protection Policy and reporting process Garda Vetting Policy Volunteer Policy	
		Helpline Policy
		Email Support Policy
		Virtual Support Policy
		Online Support Group Policy
		Family Support Policy

Procedures

This Child Safeguarding Statement has been developed in accordance with requirements under the Children First Act 2015 and Children First: National Guidance for the Protection and Welfare of Children (2017) and Tusla's Child Safeguarding: A Guide for Policy, Procedure and Practice. The following procedures support our intention to safeguard children as they engage with our services:

Procedure for the management of allegations of abuse or misconduct against Bodywhys staff or volunteers of a child while availing of our service.

- Procedure for the safe recruitment of staff and volunteers
- Procedure for provision of and delivery of child safeguarding training and information, including the identification of the occurrence of harm
- Procedure for the reporting of child protection or welfare concerns to Tusla
- Procedure for maintaining a list of designated liaison persons
- Procedure for appointing a relevant person.

All procedures listed are available on request. To request a copy of our procedures, please contact info@bodywhys.ie

Relevant person

The current Relevant Person, as required under the Children First Act, 2015 is Jacinta Hastings, CEO. Postal Address: P.O. Box 105, Blackrock, Co. Dublin. Tel: 01 283 4963. Email: ceo@bodywhys.ie

Implementation

We recognise that implementation is an ongoing process. Our organisation is committed to the implementation of this Child Safeguarding Statement and the procedures that support our intention to keep children safe from harm while accessing our services. The Child Safeguarding Statement is displayed prominently in our office and on our website. It will be reviewed every three years, or as soon as practicable after there has been a material change in any matter to which the statement refers.

Signed:

Provider of the Relevant Service under the Children First Act, 2015: Jacinta Hastings, CEO, Bodywhys. Postal Address: P.O. Box 105, Blackrock, Co. Dublin. Tel: 01 283 4963. Email: ceo@bodywhys.ie

The Designated Liaison Person, as required under the Children First Act, 2015 is Harriet Parsons, Bodywhys Training and Development Manager. Postal Address: P.O. Box 105, Blackrock, Co. Dublin. Tel: 01-2834963, 087 1335417. Email: harriet@bodywhys.ie

The Deputy Designated Liaison Person is Jacinta Hastings, CEO.

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